



A 2 METRES

ADM vzw



A project for 3, 2 of them human.

This is the narrative of a human reality; bitter and tender, sensitive and encouraging. A show in which I support myself on those close to me in exchange for a part of myself.

Part of my weight is relieved by my stage partner, Rocio, who allows the continuation of the narrative all the way to the point of carrying my oxygen. By supporting me physically, mentally, and emotionally, she is the keystone to this record.

Thus, it is together that we share the weight of this story. Willing to give the audience power and inspiration to fight against daily worries. Opening our eyes to the possibilities around us in order to give us the means to go beyond our limits.

Three elements. Two acrobats on a chinese pole. And it. The invisible one who is everywhere in the air and yet missing in my body. The infinitely small that transforms, grows and makes us heavier. The oxygen takes form and becomes heavy, thus becoming our equal.

Discovering ourselves, learning to help each other and above all else, learning to ask for help. Have you ever helped anyone to the point of losing yourself? What are the limits to your readiness to help? How can someone maintain their self-esteem, their autonomy and their integrity? What lesson can be learned from this imposed insignificance?

Tell me. Is it possible to maintain one's own identity once you've become responsible for the future and survival of someone? Is it healthy to diminish our own needs in favour of someone's well-being? This work is based on our own realities. Our being. Our sharing. A moment where we allow human beings to be human.

Jesse Huygh

WHO IS IN THIS PROJECT?



JESSE HUYGH

Despite being diagnosed at 12 years of age with cystic fibrosis, Jesse has always been active: national level gymnastics, judo, swimming, and circus left him with little time to spare for other hobbies.

He graduated from ESAC (Ecole Supérieure des Arts du Cirque) in Brussels, in 2011, specialised in chinese pole, straps, floor acrobatics and partner acrobatics. Since then he worked for numerous large companies all around the world, such as Cirque Eloize, NoFitState Circus, Casus, as well as on personal projects, solos, duos. Since 2016 he is a founding member of Collectif Sous le Manteau, whose first show “MONSTRO” premiered in January 2019. Due to health complications during the summer of 2020 Jesse was replaced in “MONSTRO” so that he could start a new creation: À 2 Mètres by ADM vzw. (Premiered in May 2021)

Parallel to this artistic career, he also developed his pedagogical works since 2011. Jesse intermittently taught at professional programs, namely, ESAC (Brussels), Académie Fratellini (Paris), Codarts (Rotterdam), ACaPA (Tilburg), ECB (Bordeaux), as well as gave several masterclasses and workshops in various locations all over the world.

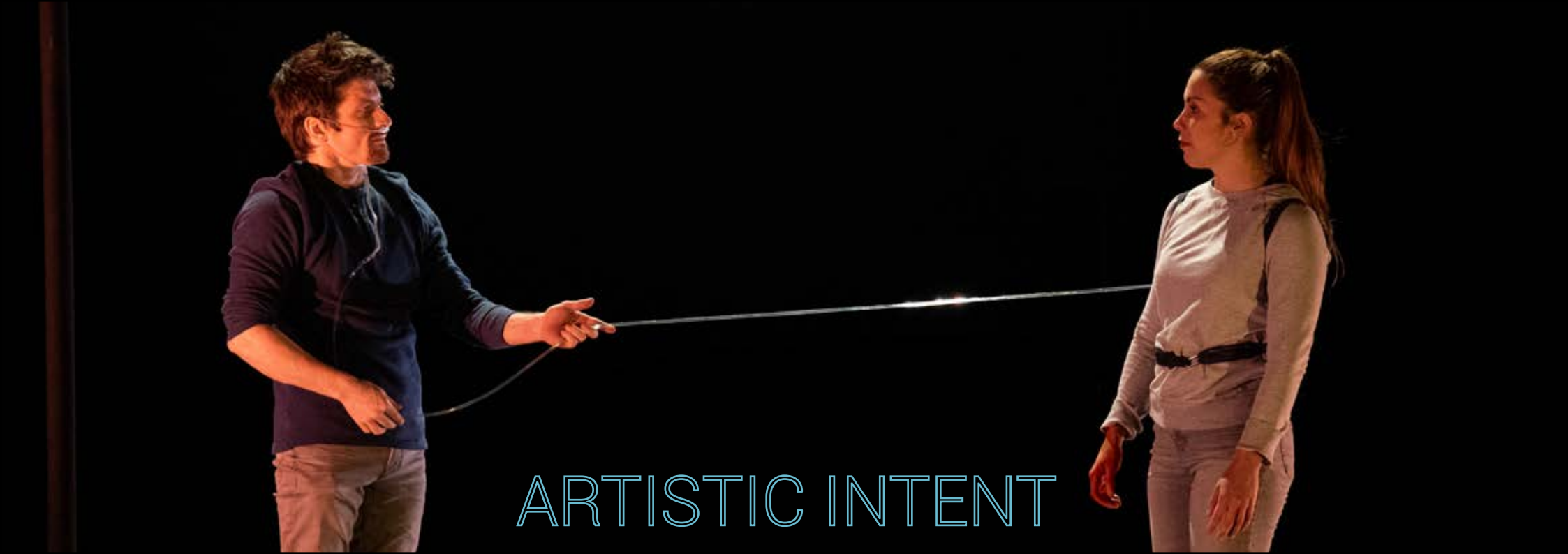
In 2020, following numerous bouts of pneumonia, and several hospitalisations, Jesse had to face a pulmonary capacity of 40%.



ROCIO GARROTE

Rocio was born in 1992 in Bahia Blanca, in Argentina. From an early age she went in the artistic direction by studying theatre, dance and circus. She educated herself at the two professional circus programs: Circo Soq and National University of San Martin.

From 2013 to 2015, she was a member of the contemporary dance company IFA-CDC from Luciano Cejas, where she was part in the creation of two shows. Passionate about movement and teaching, Rocio studied physical education at ISEF II, in Argentina. She decided to specialise in chinese pole at ESAC, in Belgium, from where she graduated in 2018. The same year, she participated in the project “Crece”, in Spain, and was part of the dance company TerazNow in Belgium. Since 2017, she is working in the chinese pole duo “Correspondance”. In 2019 she joined the circus and dance company “Hurjaruuth” in Finland. Currently, she is part of “À 2 mètres” by ADM vzw. as well as “Ploie sous mon poids” by Mauvais Coton in France.



ARTISTIC INTENT

I am an artist. I am ill.
Circus is my way of dreaming and giving hope.
To live fully and nourish the soul.
Keeping on performing despite my condition is a source of inspiration and motivation.
À 2 Mètres is a show that displays hopes, dreams and the value of the present. It is a struggle against the suffering that holds us down and immobilises us. It is an active exploration of the profound motivations that give us desire to live, no matter the conditions.
Here are the foundations for this creation; a desire to act for the desire to live. Touring in hospitals in order to share our energy with the patients, inspire them, give them joy, love and courage.
Breaking through the desperation and the resignation by taking these people to a different reality where chasing their dreams is still a possibility.
Our desire? To see smiling faces of children in the windows, with stars in their eyes, marvelling at what takes place outside.

Jesse Huygh

Looking for one's limits, restrictions, these frames that hold us back. Anyone can relate, in one way or another, because each individual has their own internal battle. To each story its own scale.
Ours openly wants to send a strong message by depicting a fight between life and death; between the desire to act and the limitations of a sick body.
Jesse has cystic fibrosis. His illness becomes a burden, a limitation. These last years, his health has deteriorated and he is currently depending on an oxygen concentrator. This object, visible in some of the photos, is a tool for survival. It is the third protagonist. Inert, it is essential to the narrative and to Jesse's movements. Without oxygen, he can no longer tell his story, nor move. Where his body imposes limits, Rocio is there to support him and even carry him, alleviating her partner's burden. Is it possible to develop one's own identity when one's body is depending on someone else?
How do you take care of someone without getting lost and draining yourself?
How can two people coexist, helping each other, without losing their own identity?



THE DIFFERENT LOCATIONS

Duration: 40 min

Age: All ages from 5 years

Languages : Flemish, French, English, German, Portuguese or Spanish



ON VAN TRAVELLING FORMAT FOR CONFINED AUDIENCES (hospitals, elderly home...)

Space : 8mx5,3m | **Minimum hight :** 7,8m

Type of space : Outside, in front of the building's windows with sound transmitted to the rooms via radio. 6x6m

This format is the starting point of this project, it's specifically for hospitals and elderly homes. This format requires socially engaged collaboration with, among others, the pediatric school classes.



ON THE GROUND (indoors & outdoors)

Space : 6mx6m | **Minimum hight :** 6m

Type of space : frontal and semi-circular

Why "À 2 Mètres"?

No sooner had the idea of this spectacle budded in our minds than we were faced with a pandemic. The whole world is confronted with new habits. A new reality for many but a cruel banality for us, the patients with cystic fibrosis. Being careful with the risk of contagion, the fear of contaminating, of being contaminated, proximity being restricted to two meters. The restrictions of personal freedom that we have been living with our whole lives becomes daily routine for the whole world. The social restrictions are almost normal to us. Prevention, distancing, contamination; words that now make sense to everyone. We are now all two metres apart from one another in order to prevent infection, and nevertheless, we stand before you hoping that we will affect you. To touch you, not with the hands but from the heart.

Why "ADM"?

ADM= À Deux Mètres (French: Two metres apart)

ADM also refers to the Flemish word 'adem' which means breath.

Our values

The following values stand out in *A 2 mètres*:

- Helping each other
- Confidence
- Personal challenges, learning how to overcome one's difficulties
- Confronting the ego
- Comprehending and accepting the one's self, with one's strengths and weaknesses
- The relation to the other, empathy

We also want to share these values through workshops, debates... in order to create a space for exchange where the audience could be actively involved. The pedagogical dossier can be provided per request.



Artists and creators: Jesse Huygh & Rocio Garrote.

Dramaturgical help and realisation of lights: Alba Sarraute

Outside eyes: Aurelia Brailowsky & Sergi Pares

Light design: Nicolas Priouzeau

Music: Felix Fivaz (composition, recording, mixing & mastering), Jonas Brühlhart (text and musical interpretation), Marco Nuesch (voice recording)

Dissemination: Cécile Imbernon, La chouette diffusion

Administration: Jesse Huygh

Photos: Patrick Lemineur (indoor), Double take cinematic circus, Katelijjn Boonen (outdoor)

Residency and co-production: 30CC en partenariat avec CIRKL, Leuven (BE) | Espace Catastrophe // centre international de création des arts du cirque, Bruxelles (BE) | Theater op de markt Dommelhof, Neerpelt (BE) | Perplx, Kortrijk (BE)

Coproduction: De Grote Post, Oostende (BE) | CIRC'UIT (BE) | La Cascade, Pôle cirque Auvergne Rhône Alpes (FR) | Archaos, Pôle National Cirque (FR)

Residency: Cultuurcentrum De Werf, Aalst (BE) | Centre culturel Wolubilis, Bruxelles (BE), Festival MAD/ oude badhuis



CONTACTS

ARTISTRY, TECHNIQUE (outdoor) & ADMINISTRATION

Jesse Huygh info@adm-vzw.be | 0032 (0) 499 30 27 98

DISSEMINATION

La chouette diffusion - Cécile Imbernon cecile@lachouettediffusion.com
0032 (0) 483 66 30 71 / 0033 (0) 6 19 57 91 40

TECHNIQUE (indoor)

Rens Planckaert planckaert.rens@gmail.com | 0032 (0) 473 27 51 35

ADM vzw

Address: molenlei 209 – 2650 Edegem

Company registry : 0762.758.510

<http://adm-vzw.be/>

FOR MORE INFOS

Trailer: <https://youtu.be/iHqGypRidy8>

Cystic Fibrosis: www.muco.be