



**s.o.i.o – Situations of Ones Life's Obsessions**

EPK: Electronic Press Kit

(ENG)

s.o.i.o depicts a life.

The moments that we all collectively share. The emotions that we have all felt, instances that have changed our path and opportunities won or lost that have created the person we are today. But every decision, every failure, every accomplishment in every minute, even if surrounded by an abundance of people, were experienced; solo.

(NL)

s.o.i.o brengt een leven in beeld.

Momenten die we samen delen.

Emoties die we allemaal voelden en die ons pad hebben gewijzigd.

Gewonnen of gemiste kansen die de persoon hebben gevormd ,die we vandaag zijn.

Maar elke beslissing, elke mislukking, elke verwezenlijking, elk ogenblik -zelfs omringd door tal van mensen- werden steeds 'solo' ervaren.

(FR)

s.o.i.o représente une vie.

Les moments que nous partageons tous ensemble.

Les émotions que nous avons tous ressenties, les instants qui ont changé notre chemin.

Les occasions, gagnées ou manquées, qui ont formé la personne que nous sommes aujourd'hui.

Mais chaque décision, chaque échec, chaque accomplissement, à tout moment -même entouré de beaucoup de monde- ont toujours été vécu en solo.

SOLO



SOLO

### Synopsis of s.o.l.o:

s.o.l.o is a multidisciplinary circus show that incorporates multimedia, circus technique and theatre to create an experience for the audience; a moment that we all share together.

It plays with identity, struggles, loss, endurance and most of all hope. Hope to make better choices, hope to do better, to achieve more; hope to be a better self. All parts of life that we all experience; solo.

*A life lived. Moments. Memories. A child becomes an adult. Lessons learnt. Mistakes made. Emotions are forced to be felt. Sometimes you fall. Sometimes you fly. Achievements. Goals. Failure. All to the beat of time. Like an endless march. Forever.*

s.o.l.o is my story. Moments of my life that I want to share with the world; the good, the inspirational, the ugly and the moments that I thought that it was too much. I want people to hear my story, see the struggles that I have endured and to know that there is a beautiful future for all of us; as long as you're willing to persist, try and never give up.

Audiences of s.o.l.o are taken back to my childhood, through the events that I have lived as a growing teenager into the man that stands before them. In doing so, my moments will spark memories from within their own history; allowing the audience to be whisked away into their own past. Reliving the wonderful moments, the stressful periods and the times, they too, almost gave up.

But I am not special, we all have shared similar life experiences. and s.o.l.o is an ode to life, a life that we have all experienced in our own unique way. Each one of us having hopes and dreams, aspirations and failures, the moments of doubt or focus. Each achievement celebrated but with every failure we grow and learn. Our life is filled with different situations that we have fanatically obsessed over; s.o.l.o is my tale of my obsessions that I hope the audience can relate to within their own.

These stories are told behind a scrim that can be used to project images and movies between scene but also will be used as a "second performer" to give an insight into a mind; giving the audience a vision into memories and thoughts as they play on the scrim.

There are three stories that are being presented. The animations on the scrim, the "reality" that occurs on the stage and the story that the audience member creates in their mind from the feeling of what they are seeing.

Handstands, tumbling, tightwire, aerial pole, aerial slings are all performed behind a scrim.

The stage is quite minimalistic starting with just a bench that sits in the space, but with each of the chapters unravelling the stage is filled with the props and apparatuses used in the piece, as a reminder of the past that has been lived and what you learnt in that moment.

Each of the chapters (and the acts they present) are reference to a past act that I have performed, and, just like a time capsule, hold a piece of me that was actually living in this time. s.o.l.o is me opening this time capsule and allowing each of the emotions, experiences and lessons learnt be spilled onto the stage so that the audience can find themselves in their own memories experiencing something that is theirs but inspired by what was mine.

Circus gives way to theatre, theatre into circus as they are enhanced by the multimedia. The technique is world class but the story is not compromised; the audience leaves the performance experiencing world class acts, feeling a roller-coaster of emotions and (possibly) learning something within themselves. s.o.l.o is an experience.

## About Simon-James:



He is an experienced circus performer with internationally recognised certificates from NICA © Mike Vanbraeken (National Institute of Circus Arts, Melbourne Australia), with over fifteen years of training at an international competition level in gymnastics, dance and diving/trampolining, over fifteen years of performing experience in circus, theatre and dance and has international touring experience both on and off the stage.

### Highlight Experiences

- Performer (and Trainer, group acrobatics) (Aerial Slings, Group acrobatics, English speaking role) for **Circo Aereo** and **Cirko**, Helsinki, Finland and **Chamäleon Theatre**, Berlin, Germany. (June 2020 – July 2021)
- Performer (Aerial Pole, Drag/Gender Bender German speaking role) for **GOP Vareity Theatre**, Germany (December 2018- October 2020)
- Performer (Teeterboard, Trampoline, Acrobatics and Aerial Net) for Play by **Hurjaruuth Dance theatre** (September 2017 – January 2018) Helsinki – FINLAND
- Performer (Trampoline Acrobat and Russian Cradle Flyer) for Daral Shaga by **Feria Musica** (November 2016 – January 2018). Toured to: BELGIUM and FRANCE
  
- Associate / Artistic Director – **On Stage Events** bvba (2016 – current) responsible for The Performers by On Stage Events and all decisions within the company, regarding artists, shows, acts and new creations. Brussels - BELGIUM
- Artistic Director, and performer – **Sur Measure** (2014 – 2019) “Fillage”, Creator and performer within Fillage and solo/duo acts. Toured to: THE NETHERLANDS, GERMANY, BELGIUM, UK, FRANCE, SWITZERLAND, DENMARK, UK, USA, UAE and SLOVAKIA
- Artistic Coordinator (of recreation) and performer – **Cirq'ulation Locale** (2013-2014) “Second Life” (Trampoline, Trampo-wall, hand to hand) Toured to: THE NETHERLANDS, GERMANY, BELGIUM, UK, SPAIN, FRANCE, SWITZERLAND, AUSTRIA, USA, UAE, SLOVAKIA, ROMANIA and ISRAEL.

Technical: brief technical rider, a full technical rider available on request.

Stage dimensions: (minimum): 9m width, 7m depth and 5-6m in height (6m is best for the scrim)

For the projections: 6m (from scrim to projector)

- Tightwire; **8m minimum** between the anchor points.  
Requested height of the anchor points: less than 0,5m of the ground with a WLL of **2 tonne**.
- Aerial Pole: anchor point with a WLL of **1 tonne** (placed up-stage-right)
- Aerial Slings: anchor point with a WLL of **1 tonne** (placed centre stage)

Contact Details:

Sales: Sur Mesure – Sur Scène, Seraina De Block, [info@surmeasure.be](mailto:info@surmeasure.be) +32 489 24 45 80

Press and Promotion: On Stage Events, Christian Nolens, [chnolens@prcom.eu](mailto:chnolens@prcom.eu) +32 475 62 36 50

Technical Responsibility: Johan Wuyts contact via Seraina.

s.o.l.o is a co-production of:



SUR  
MEASURE  
SUR SCÈNE

Circus & Live Music

Vlaanderen department cultuur, jeugd & media



**Flanders**  
State of the Art

Creation in conjunction with:



MIRA  
MIRO  
MIRACLES MATTER



Premiere at DE WERF AALST

Credits:

Animations and Video Content: Bart Tauwenberg (New Solid)  
Logo and Visuals from poster: Kristof Van Rentergem (Web Lounge)  
Photography: Mike Vanbraeken

